

Solari Community Center

Tracy Wilson Youth Center
3590 Cas Dr., San José 95111

Phone: 408-277-4643

Fax: 408-972-1746

Supervisor: Carolyn Johnson

Email: carolyn.johnson@sanjoseca.gov

Bus Lines: Call VTA @ 408-321-2300

Types of Programs: After-school recreation, fee class, rental, senior, sports, Leagues, youth programs, and special events.

ARTS & CRAFTS

Cartoon Drawing I \$51

This class will teach the elements of telling stories with pictures. Students will learn basic cartooning, drawing, painting, and story-telling. They will learn to write, draw, paint, and self-publish their own comic books. Children will have fun expanding their imagination. This class will require additional supplies to be purchased by the student.

Instructor: Coyle

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.3.101	Th	1/26-3/16	4:30-5:30pm	5-15	8	SL

Cartoon Drawing II \$51

Children will participate in several drawing activities that allow them to see objects as they really appear. Learn how to draw realistic self-portraits & learn perspective and proportion. Oils, pastels, watercolor, colored pencils, etc. will be used in class. This class will require additional supplies to be purchased by the student.

Instructor: Coyle

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.3.102	Th	1/26-3/16	5:30-6:30pm	8-15	8	SL



DANCE

Ballet/Tap Beg \$49

Beginning lessons for ballet/tap. Students must wear hard soled shoes and loose clothing or leotard. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital. Participants must be toilet trained.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.3.201	W	1/25-3/15	5:30-6:30pm	3-7	8	SL
231.3.202	Sa	1/28-3/18	10:30-11:30am	3-7	8	SL

Hip Hop/Jazz \$49

Explore beginner and intermediate Hip Hop dance, music and culture through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and overcome performance anxiety... and of course have fun doing it.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.3.204	Sa	1/28-3/18	12:30-1:30pm	8-12	8	SL

Cheerleading \$49

COME CHEER WITH US! Learn basic techniques for cheerleading skills. Improve coordination and balance while having fun. You will learn cheer moves and coordinate a routine by the end of the class session. Please wear socks and sneakers at all class meetings.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.3.205	W	1/25-3/15	6:30-7:30pm	5-12	8	SL
231.3.206	Sa	1/28-3/18	11:30am-12:30pm	5-12	8	SL

Song & Dance \$49

Students will learn dance movements and songs. Students will dance to age appropriate music. Parents are allowed to stay for the first 10 minutes of the first day of class and for the recital. Child must be potty trained.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.3.207	W	1/25-3/15	4:30-5:30pm	3-6	8	SL
231.3.208	Sa	1/28-3/18	10:30-11:30am	7-12	8	SL

Freestyle Dancing \$57

Learn the latest street dancing moves. Participants will get the chance to explore and perform the techniques of street dancing, break dancing and the latest dance moves. There will be a talent competition on the last day of class. Prizes will be awarded.

Instructor: Camp Carter International

Course #	Day	Date	Time	Age	Mtg.	Loc.
231.3.209	W	1/25-3/15	4-5pm	13-18	8	SL

*Parks and Recreation is for everyone!
Let us know what accommodations we
can make to meet your needs.*

EARLY CHILDHOOD RECREATION

Please read the ECR Policy on page 115.

KinderTots \$250

Children in our KinderTots program have fun in a recreational environment participating in the following activities: crafts, stories, discovery, dramatic play, and music. All activities help children strengthen and develop their socialization skills, hand/eye coordination, and motor skills. Children will be introduced to and gain a general understanding of numbers, letters, and colors.

- This is an Early Childhood Recreation class.
- Children must be toilet trained.
- This is not a licensed day care program.

No Class 2/20

Instructor: Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.3.301	M-F	TBD	9am-12pm	3-5	24	SOL
231.3.302	M-F	TBD	9am-12pm	3-5	23	SOL

SPORTS & FITNESS

Floor Gymnastics \$49

Like to move? Come and learn basic gymnastic skills such as cartwheels, backbends, headstands, and more.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.3.502	Sa	1/28-3/18	9:30-10:30am	8-12	8	SL

Kajukenbo/Karate \$60

This Martial Arts Style incorporates four different methods: KA-Korean Karate/Tang Soo Do, JU-Judo/Jujitsu, KEN-Kenpo, BO-Chinese Bosing/Kung Fu. This is a class for people of all ages and physical types. It is designed to develop self-defense, physical fitness as well as conditioning.

T/Th 6:15-7pm Beginner/White

T/Th 7-7:45pm Patch-Purple

T/Th 7:45-8:30pm Blue +

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.3.503	T/Th	1/10-3/24	6:15-7pm	5-12	22	SOL
231.3.504	T/Th	1/10-3/24	7-7:45pm	5-12	22	SOL
231.3.511	T/Th	1/10-3/24	7:45-8:30pm	5-12	22	SOL

Kinder Gym \$49

Designed to teach basic gymnastic skills, including movement exploration, balance and coordination. Parents may attend a 10-minute overview at the first class meeting and a performance at the last class meeting only.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.3.505	W	1/25-3/15	3:30-4:25pm	3-7	8	SL
231.3.506	Sa	1/28-3/18	11:30am-12:30pm	3-7	8	SL

SPECIALTY CLASSES

Seventrees Branch Library is offering two Internet classes:

Finding Websites for Adults is a one-hour class that introduces you to 3 different ways to find websites and use the browser program. As part of the class, you will receive a list of websites that build on the class and include sites for improving your skill in using a mouse and typing.

Using Email for Adults is a one-hour class that helps you set up an email account. You will practice sending and receiving messages. You will also be shown how to attach a file to a message that you send and how to open a file attached to a message that you receive. You will have a reminder of your account name and password to take home for future use.

Classes are designed for beginners who have some typing skills and are taught at the Library, 3597 Cas Dr. Classes alternate each week. The same class is held on Wednesday at 11am. and repeated on Saturday at 10am. The next week the other class is taught. Class size is limited to 4. Please pre-register for class by calling the Library at 408-629-4536 to sign up.

ADULT CLASSES

Aerobics \$57

A total body workout designed for the beginner. Learn low impact exercise moves that strengthen, tone and shape your muscles. Join us and get in condition.

Instructor: Camp Carter International

Course #	Day	Date	Time	Age	Mtg.	Loc.
231.3.702	T	1/24-3/14	6-7pm	16+	8	SL

Aerobic Kickboxing \$57

This is the hottest workout in existence today. It works the whole body, while at the same time, teaches practical self-defense techniques. Learn a variety of blocks, kicks and punches, burn calories and have a blast. Wear loose fitting clothing.

Instructor: Camp Carter International

Course #	Day	Date	Time	Age	Mtg.	Loc.
231.3.707	Th	1/26-3/16	6-7pm	16+	8	SL

Floral Arranging \$48

Basic floral design as an art form. This class will use primarily fresh flowers for the arrangements. Each class you will bring home a new arrangement. Student is responsible for his/her own flowers. Flowers can be purchased through the teacher or on your own.

Instructor: Hui

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.3.701	Th	1/26-2/16	6:30-8:30pm	16+	4	SL

Solari Community Center continues on the next page



ADULT CLASSES

Pilates for Beginners \$57

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your body. This class will focus on relieving tension in the back, neck, shoulders and hips through breathing techniques and relaxing. Additionally, special attention is paid to proper alignment to enhance energy flow and posture.

No Class 2/20

Instructor: Camp Carter International

Course #	Day	Date	Time	Age	Mtg.	Loc.
231.3.701	M	1/23-3/20	6-7pm	16+	8	SL

SENIOR PROGRAMS

Ceramics Free

Bring your own ceramic pieces, and paints, and enjoy painting with friends. Greenwear pieces are fired in our kiln for free.

Instructor: DelGadillo

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.3.801	T	Ongoing	8:30-11:30am	50+		SL

SPECIAL EVENTS

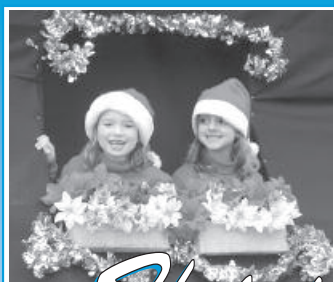
Valentine's Dance 25¢/per ticket

Friday, February 10, 2006 • 5-7pm

Come to Tracy Wilson Teen Center's Valentine's Dance and get "KRUNK" on the dance floor. Dress to impress and have fun with friends. Take pictures with your special Valentine or with you friends.

Who: Youth ages 12-17

Meal Deal: \$2.50 (Hot Dog, Chips, and Soda)



City Holidays

The following dates are City Holidays.

Most facilities will be closed and no programs held on the following dates:

November 25 & 26 – Thanksgiving

December 23-26 – Christmas

December 30-Jan 2 – New Years Eve

January 16 – Martin Luther King Jr.

February 20 – President's Day

For information on holiday closures for a specific program or facility, please call your local PRNS facility.

WINTER YOUTH SPORTS LEAGUE

Indoor Coed Soccer \$23

Join us for 8-weeks of FUN-petitive Soccer at Solari Community Center. Kids have fun learning basic skills, and meeting new friends in a sport where no score is kept. Soccer fees include supplies, officials, equipment, t-shirt, trophy, and end of season doughnut and pizza party. Extra T-shirts available for \$10 each (nonrefundable). Extra pizza available for \$1/slice (nonrefundable).

Registration Information:

- All registration takes place at Solari Community Center.
- Registration begins January 3, 2006; Monday - Friday; 9am-5pm.
- All games are held on Saturdays at Solari Community Center beginning Saturday, February 4, 2006 (Game times TBA).
- All practices are held on Saturdays at Solari Community Center 30 minutes prior to game start time.
- Welcome Clinic & Parent Meeting is scheduled for January 28, 2006

Clinic Schedule:

3-5 Years	Clinic = 9-10am
6-8 Years	Clinic = 10:15-11:15am
9-12 Years	Clinic = 11:30am-12:30pm

Game Schedule:

3-5 Years	Practice = 9am	Game = 9:30am
6-8 Years	Practice = 10:15am	Game = 10:45am
9-12 Years	Practice = 11:45am	Game = 12:15pm

- For information call Adriene Braddock or Sports League Coordinator at 408-277-4643.

Course#	Day	Date	Time	Age	Mtg.	Loc
231.2.901	Sa	2/4-3/25	9am-1pm	3-12	8	SOL

Flag Football \$23

Join us for 8-weeks of FUN-petitive Flag Football at Solari Community Center. Kids have fun learning basic skills, and meeting new friends in a sport where no score is kept. Flag Football fees include supplies, officials, equipment, t-shirt, trophy, and end of season doughnut and pizza party. Extra T-shirts available for \$10 each (nonrefundable). Extra pizza available for \$1/slice (nonrefundable).

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Clinic Schedule:

7-9 Years	Clinic = 9-10am
10-12 Years	Clinic = 10:15-11:15am
13-16 Years	Clinic = 11:30am-12:30pm

Game Schedule: TBD

For information call Adriene Braddock or Sports League Coordinator at 408-277-4643.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.903	Sa	2/4-3/25	9am-1pm	7-16	8	SOL

Drop-In Basketball**\$23**

Join us for 8-weeks of FUN-petitive Basketball at Andrew Hill High School. Kids have fun learning basic skills through drills and scrimmages. Flag Football fees include supplies, officials, equipment, t-shirt, trophy, and end of season doughnut and pizza party. Extra T-shirts available for \$10 each (nonrefundable). Extra pizza available for \$1/slice (nonrefundable).

- All registration takes place at Solari Community Center.
- Registration begins January 3, 2006; Monday-Friday; 9am-5pm.
- All games are held on Saturdays at Solari Community Center beginning Saturday, February 4, 2006 (Game times TBA).
- All practices are held on Saturdays at Solari Community Center 30 minutes prior to game start time.
- Welcome Clinic & Parent Meeting is scheduled for January 28, 2006

Clinic Schedule:

3-5 Years	Clinic = 9-10am
6-8 Years	Clinic = 10:15-11:15am
9-12 Years	Clinic = 11:30am-12:30pm
13-16 Years	Clinic = 12:45am-1:45pm

Game Schedule:

3-5 Years	Practice = 9am	Game = 9:30am
6-8 Years	Practice = 10:15am	Game = 10:45am
9-12 Years	Practice = 11:45am	Game = 12:15pm
13-16 Years	Practice = 12:30pm	Game = 1pm

For information call Adriene Braddock or Sports League Coordinator at 408-277-4643.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.905	Sa	10/15-12/10	9am-1pm	7-16	8	SOL

IMPORTANT PARK NUMBERS**408-793-5510**

To report an emergency at a park, 911* or 277-8911 from cell phones.
To report a non-emergency at a park, 311* or 277-8900 from cell phones.
To report a maintenance concern at a park, 793-5510
To report a maintenance emergency at a park after hours, 535-3500
To inquire about sports field reservations, 369-3907
To volunteer at a neighborhood park, Adopt-a-Park, 793-4190

* Callers may ask to remain anonymous.

Visit www.sjpark.org**for current park information.****SCHOOL-AGE PROGRAMS (5-12)****Solari Weekend Warm-up****\$30**

Children have a chance to practice school skills (reading, writing, arithmetic) to keep them on track during the school year.

No Class 10/8, 11/12, 11/26

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.1.915	Sa	1/28-3/18	9-10:30am	5-12	8	SOL
231.1.916	Sa	10/1-11/19	9-10:30am	5-12	8	KEN

TRACY WILSON TEEN CENTER

A FREE Drop-in Recreation program for youth between 12 and 17 years of age. Program runs from 2:30-6:30pm daily. Youth can participate in the following activities: Billiards, Sports, Ping Pong, Tournaments, workshops, cooking, board games, crafts, and low cost field trips.

Youth Center Closed: 10/8, 11/12, 11/24, 11/25

Activity	Day	Time
Arts and Crafts	T	3:30pm
In the Kitchen	Th	4:30-6:30pm
Open Gym	MWF	5-7pm
Weight Room	M/W/F	5-7pm
Field Trips	TBA	TBA
Workshops	TBA	TBA
Hip Hop Club	M/Th	5-6:30pm
TWTC Wrestling Club	W/F	5-7pm

Basketball**Free**

Youth ages 12-17 participate in a FREE Basketball League. They compete against different Youth Center's throughout the City of San José. There is a maximum of 15 members per team. Participants must be Tracy Wilson Teen Center Members. Not a member? Come in, fill out a FREE membership form, and participate on the spot. For more information call Adriene Braddock at 277-4643. There will be ice water provided at all games, and an end of season pizza celebration will be provided to all participants for a well-earned season.

Who: Youth ages 12-17

When: Middle School, February. 23-April 13 (Tentative)

High School, February 24-April 14 (Tentative)

Call for more information

Tryouts: February 1-17 (Tentative)

Solari Community Center continues on the next page

Keep the Winter Activity Guide handy as a reference...or recycle it by passing it along to a neighbor, friend or co-worker.



SAN JOSE AFTER SCHOOL

Solari Area

A **FREE** Drop-in recreation program for children between 5 and 12 years of age. Program typically runs from 2:30-5pm daily, however hours may vary per site. Site locations are subject to change.

A Valentine's Day and St. Patrick's celebration will take place at all recreation sites listed below. All participants will enjoy a pizza party, and participate in carnival themed games to receive prizes.

- Program is open only when school is in session.
- Program is closed on school and city holidays.

There are wonderful after school programs in your area. For more information about schools, libraries, and centers offering after school programs, please contact 408-277-4643

Types of Programs

Level 1: Homework Assistance. Level one sites offer after school homework help at many locations in San José.

Level 2: Safe and Accessible After School Programs. Level two sites offer integrated recreation and literacy and math enrichment programs.

Level 3: Integrated and Comprehensive approach After School Programs. Level three sites integrate literacy, leadership, education, nutrition, cultural arts and recreation activities.

Please contact your Community Center for more information on program site levels.

Sites	Time
Captan Jason Dahl Elementary School	2:30-5pm
Meadows Elementary School	2:30-5pm
Kennedy Elementary School (Rec Portable)	2:30-5pm
Solari Community Center (Gym)	2:30-5pm
TBA	
Alma	

* Homework Assistance offered at individual sites immediately following the end of the school day (approximately 2:30-3:30pm).



Southside Community Center

5585 Cottle Rd., San José 95123

Phone: 408-629-3336 Senior Ctr: 408-629-3435

Fax: 408-365-7135

Supervisor: Tina Wong-Erling

Email: tina.wong-erling@sanjoseca.gov

Bus Lines: 27 and 68

Types of Programs: Fee class, rental, senior programs, senior nutrition, and special events.

GETTING TO SOUTHSIDE

County Transit bus lines #27 and #68 run very close to our Center. #27 stops right in front on Poughkeepsie Road and #68 stops across the street on Cottle Road in front of the Unocal 76 Gas Station. We are down the street from Light Rail.

ARTS & CRAFTS

My First Art Class

\$43

Spend quality time with your toddler creating art and having fun together! Each week will feature a new theme with five art stations all consisting of new and exciting projects. The class ends on a musical note with lots of singing and dancing and having too much fun! Parents must attend class with registered child only. Wear your grubbies. See instructor for optional \$16 toddler art project book.

Instructor: My First Art Class

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.3.104	W	1/25-2/15	9:30-10:30am	18-36m	4	SS
216.3.105	W	1/25-2/15	10:45-11:45am	2-5	4	SS
216.3.106	W	3/1-3/22	9:30-10:30am	18-36m	4	SS
216.3.107	W	3/1-3/22	10:45-11:45am	2-5	4	SS

Fun with Mud

\$132

Get your hands dirty while you tackle the basics of sculpting forms & experience the joy of slippery clay through your fingers. Students will engage in fun & learning as they take a trip to the Museum & explore SJMA's Collection Highlights. Students will create their own ceramic "master piece" inspired by the art they have seen & experienced.

Instructor: San José Museum of Art

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.3.102	Th	1/26-3/23	4-5:30pm	7-12	9	SS

Strong Neighborhoods Mission:

To build clean, safe and attractive neighborhoods with strong, independent and capable neighborhood organizations.